

MYELOMA AND INFECTIONS

SIGNS AND SYMPTOMS OF INFECTION

DID YOU KNOW?

Myeloma and its treatments can lower your immunity and increase your risk of infection. **Infection is when germs enter the body and multiply.**

CHEST

- Cough (with or without sputum or blood)
- Shortness of breath
- Chest pain

URINARY SYSTEM

- Burning / stinging when passing urine
- Blood in the urine
- Lower abdominal pain
- Back pain

DIGESTIVE SYSTEM

- Abdominal pain
- Nausea / vomiting
- Diarrhoea
- Blood in stool

BRAIN & NERVES

- Confusion
- Headache
- Stiff neck
- Sensitivity to light

EARS

- Ear pain
- Reduced hearing
- Swelling
- Ear discharge

MOUTH / NOSE / THROAT

- Sore throat
- White spots on tongue or tonsils
- Mouth ulcers
- Runny nose
- Sinus pain
- Difficulty swallowing

SKIN

- Swelling or redness
- Pus or spots
- Painful or itchy rash



TEMPERATURE

Seek immediate medical advice **if you have a fever.**

BE SEPSIS AWARE

Sepsis is a life-threatening reaction to an infection. Educate yourself and your loved ones to spot the signs. If you have or see one or more of these symptoms, seek emergency assistance:



Breathing difficulty



Fast heart rate



Confusion



Getting unwell rapidly



Drowsiness



Pale or mottled skin



Shivering or feeling cold



Passing reduced or no urine



Fever

GENERAL SYMPTOMS



Fever, chills, pain, fatigue and **feeling generally unwell.**